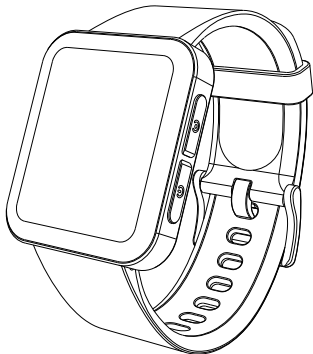


TOZO®

www.tozostore.com



S1

OPERATING INSTRUCTIONS

1.0 Description of Functions

1.1 Button

1.1.1 Power Button:

There are several consequences when pressing the power button:

At homepage, shut off the screen;

At stopwatch, switch continue/ end;

At incoming call, cancel the reminder;

At other interface, turn back to homepage;

Long press for 3 sec to shut down the watch.

1.1.2 Exercise Button

When the screen is on, single press: Switch Sports mode/ homepage. Long press: invalid.

When the screen is off: Single press/ Long press: Awake the screen.

1.2 Awaits Interaction

- Swipe left to enter the step counter, heart rate, sleep interface.
 - 1.The first page displays the current and historical amount of steps.
 - 2.The second page displays the current and historical highest/ lowest heart rate.
 - 3.The third page displays total sleep, deep sleep, light sleep.



- Swipe left to view the notifications.
- Swipe up to enter the main menu.
- Long press the homepage to switch the pattern.
- Swipe right to view the notifications (8 pieces tops) when bounded to the app on the phone and the permission enabled. The latter notifications would cover the former ones.

1.3 Pedometer

Pedometer is enabled by default, this page displays the current number of steps and the data would be removed everyday at 24:00.



1.4 Exercise mode (running, walking, cycling, climbing)

● Start exercise

Select the corresponding exercise mode, click on the target, you can set the distance, time, calorie goal (one exercise can only be set), click to start exercise after setting; swipe the screen to switch the interface to display exercise duration, calories, steps, heart rate, etc. information.

- **End exercise**

In the exercise data interface, tap the screen to pause or short press the side button, it will jump to the exercise pause interface;

Click to return to the exercise interface to continue exercising, click to end the current exercise; after the end of the exercise, the current exercise record will be displayed, and you can slide the screen up and down to view the data;

- Exercise data can be saved when the distance is greater than 200 meters or the exercise time is greater than 5 minutes.
- The saved exercise data can be viewed in the exercise history.
- After the bracelet is bound to the app, click Sync on the exercise history record interface to synchronize the exercise history data of the bracelet. You can view the detailed data on the app.

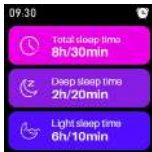
1.5 Exercise record

After the exercise is successfully saved, click the exercise record to view.



1.6 Sleep

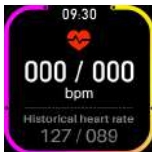
Sleep monitoring time period: 22:00 in the evening to 08:00 the next day, after the bracelet generates data and exits sleep monitoring, the sleep data of the bracelet can be synchronized to the APP after binding the app.



1.7 Health

Heart rate

Put the bracelet on the (left/right) wrist correctly, enter the heart rate menu, and continuously measure the heart rate value. After the bracelet is bound to the app, the heart rate data will be synchronized to the app in real time.



1.8 Alarm clock

After binding the APP, set it up, and the bracelet can be viewed.

1.9 Bluetooth music

Android:

After connecting the bracelet in the phone settings, open the mobile music player, and you can control music play/pause and switch songs on the bracelet.

Apple:

After the bracelet is bound to the app, open the music player on the mobile phone, and you can control music playback/pause and switch songs on the bracelet.

1.10 Photograph

Paired with the app on phone, click the camera and tap the screen to take a picture.

1.11 Find mobile phone

Paired with the app on phone, tap "find the phone" and the prompt box will pop up on the phone.

1.12 Set up

Screen brightness:

Tap screen brightness to enter settings.

Backlight time:

Click to set the backlight time, you can set 5 seconds, 10 seconds, 20 seconds, 45 seconds, 60 seconds.

About this machine:

Click to view Bluetooth address, Bluetooth name, watch version.

1.13 Timer

Stopwatch:

Click the stopwatch to enter the timing interface, click the start icon to start timing, press the icon in the lower right corner to pause, and click the icon in the upper right corner to reset the stopwatch.

Timer:

Click the timer to set the parameters and then click to start the countdown, the icon below can pause and start, and the timer completion interface will pop up after the countdown is completed.

1.14 QR code

Enter the QR code on the watch, scan the code with your mobile phone to download the APP.

1.15 The weather

After connecting with the APP, you can check the daily weather conditions.

1.16 Message notification

After connecting with the APP, turn on the message push switch, and the watch will remind you when the phone has a message notification.

2.0 Pairing TOZO Watch app

2.1 APP download method

2.1.1 Application market search download

Android: Search for TOZO Watch in Google Play App Market to download.

IOS: Search for TOZO Watch in the APP Store to download.

2.1.2 Scan code to download

1. Watch download QR code: Scan the watch QR code to download.
2. Scan the QR code below to download.



2.2 Bind Bluetooth

1. Not connected: The Bluetooth has been searched after the watch is turned on. After opening the APK/APP, go to Device-Add Device, and select and click the corresponding watch device name to successfully bind the watch to the app.
2. Watch time synchronization: The watch is successfully bound to the app. Click to synchronize the time and time format of the watch and the mobile phone.

2.3 Find device

The watch is successfully bound to the app. Click to find the watch on the mobile app, and the watch will light up and vibrate.

2.4 data synchronization

The watch is successfully bound to the app, and the heart rate, pedometer and exercise data of the watch can be synchronized to the app.

2.5 News push

The watch and the app are successfully bound, the corresponding notification permission in the mobile phone system is opened, and the device-app push in the app is entered to open the corresponding third-party application.

1.Incoming call notification is turned on in the personal application. When one or more incoming calls are received on the mobile phone, the watch will receive one or more incoming call reminders at the same time.

2.Enable SMS notification in the personal application. When one/multiple SMS messages are received on the mobile phone, the watch will receive one/multiple SMS reminders at the same time.

3.Turn on the corresponding application message notification switch in personal applications, such as WeChat, QQ, Facebook, Twitter and other applications. When the mobile terminal receives one/multiple application message notifications, the watch terminal will receive one/multiple corresponding message reminders at the same time Notice.

2.6 Do not disturb mode

After turning on the Do Not Disturb mode, only the watch and the alarm will have vibration reminders.

2.7 Water-Drinking Reminder

Turn on the drink reminder switch, the watch is between 09:00-18:00, when the reminder time for drinking water arrives, the watch will vibrate and there will be a drink icon.

2.8 Sedentary reminder

Turn on the sedentary reminder switch, the watch is at 08:00-22:00, the threshold (number of steps) does not exceed 100 steps, when the sedentary time is reached, the watch will vibrate and the sedentary icon.

2.9 Alarm reminder

Click the alarm reminder setting to add the alarm time. When the alarm time arrives, the watch will prompt: the time is up and vibrate.

2.10 Heart rate detection

Set the time interval (minutes), check the heart rate detection and save.

2.11 Unit settings

Switch between metric and inch, you can switch the watch unit.

2.12 LCD lights up

Turn on the screen by raising your hand, and the screen will automatically turn on when the watch is off when the screen is turned off.

2.13 Firmware upgrade

It can detect whether the firmware version of the watch is the latest version. When there is a new version, it will prompt to update and upgrade to the latest version.

2.14 WeChat campaign

After the watch is successfully bound with the APP Bluetooth, the device page has a WeChat sports adaptation. Follow the APP interface prompts to bind, and the watch steps can be synchronized to the WeChat rankings.

2.15 Remote photo

1. After the watch is bound to the app, click to take a photo in the app, the remote camera icon will be displayed on the watch, and the phone will automatically turn on the camera. Tap the screen on the watch to control the phone to take pictures, and the photos are stored on the phone.

2. Tap to take a photo on the watch side, and the phone will automatically turn on the camera and take pictures normally (Note: the phone needs to be bright, and the Android side supports APP running in the background to take pictures, but the Apple side does not support) the photos are stored on the mobile side.

2.16 Untie

To bind the watch to the app, click to unbind the device on the device interface, and the paired device needs to be ignored in the phone settings on the Apple side.



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