

Jabra
Elite 45h



User manual

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Made in China

MODEL: HSC110W



Declaration of Conformity can be found on
www.jabra.com/doc

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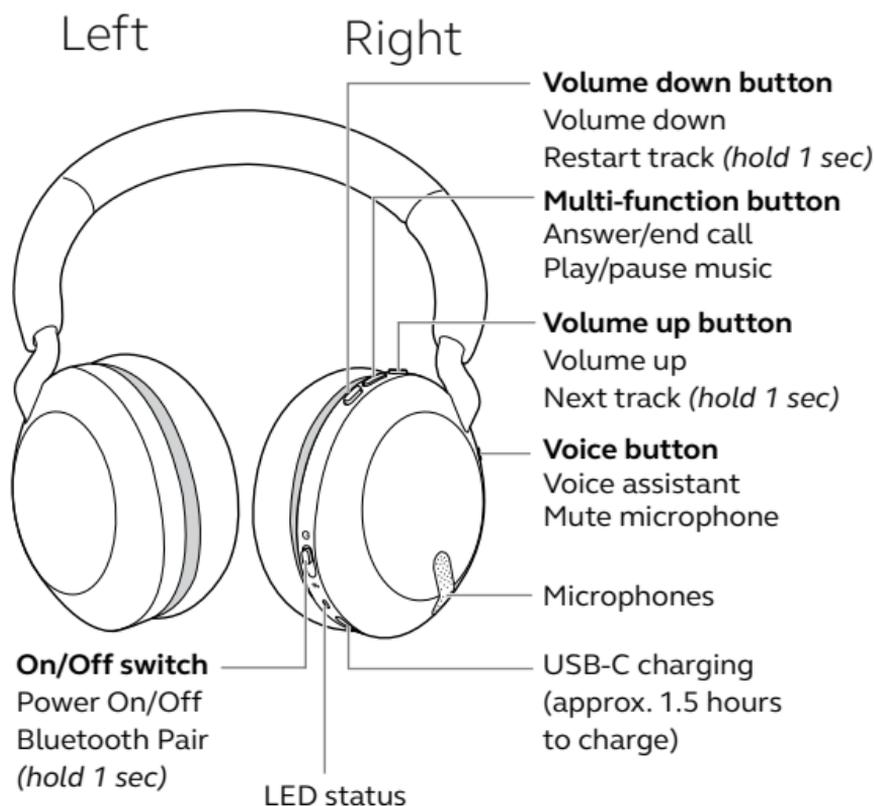
1. Welcome

Thank you for using the Jabra Elite 45h. We hope you will enjoy it!

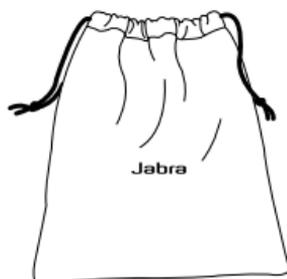
Jabra Elite 45h features

- Biggest speakers, for superior music
- Longest battery, up to 40 hours
- Fastest charge, 8 hours battery in 15 minutes

2. Jabra Elite 45h overview



2.1 Included accessories

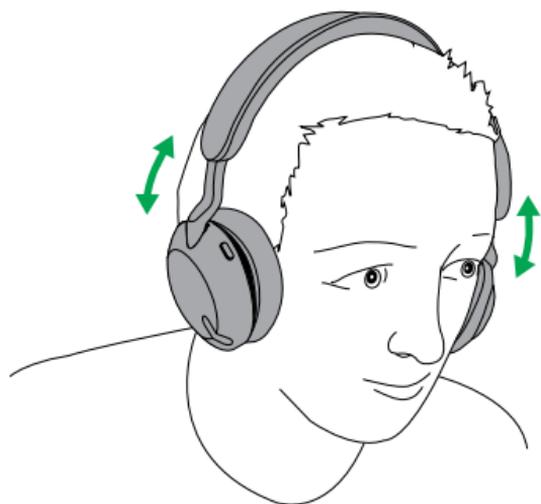


Carry pouch



USB-A to USB-C charging cable

3. How to wear

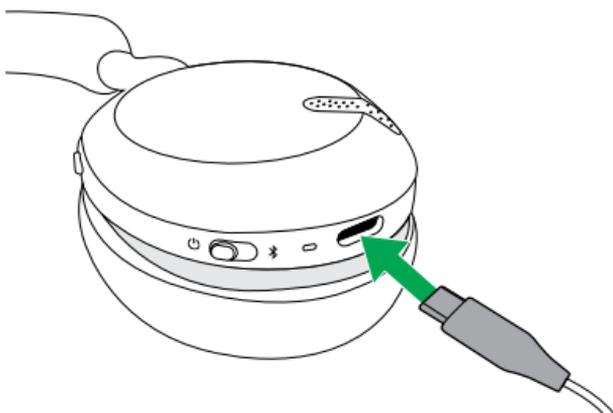


Adjust the headband so that the headphones fit your head comfortably.

4. How to charge

To charge the headphones, connect the USB charging cable to the USB-C charging port on the right earcup. It is recommended to charge the headphones using the supplied Jabra charging cable, however it is possible to use a compatible charger.

Right earcup



It takes approx. 1 hour and 30 minutes to fully charge. When fully charged, the battery life is 40 hours.

If the headphones are out of battery, you can charge it for 15 minutes to get 8 hours of battery life.

4.1 Sleep mode

When the headphones are powered on, but not playing music or in a call, they will automatically enter sleep mode after 30 minutes to conserve battery. To exit sleep mode, simply press any button.

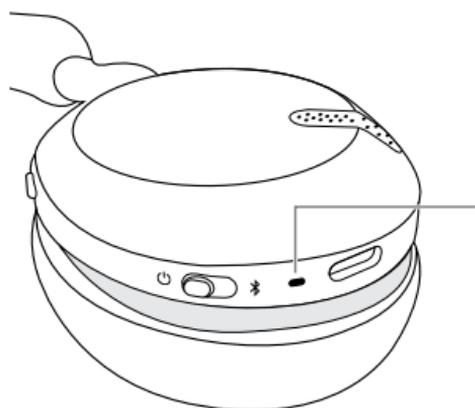


The length of time before the headphones enter sleep mode can be adjusted using the Jabra Sound+ app.

After 24 hours of sleep mode, the headphones will power down completely. To power the headphones on, slide the On/Off switch to Off and then On.

5. What the LED means

Right earcup



LED

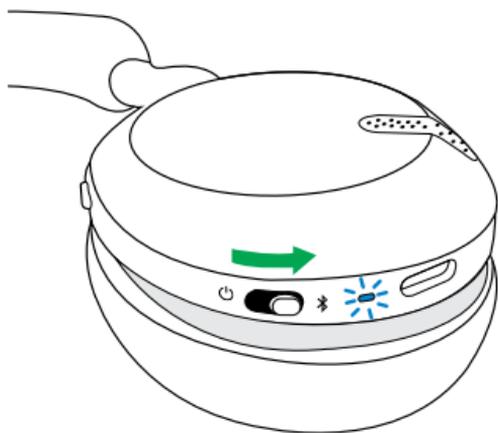
- Power on
Battery full
- Battery medium
- Battery low
- ⚡ Battery critically low
- ⚡ Pairing mode
- ⚡ Resetting/Firmware updating

6. How to connect

6.1 Pair with a smartphone

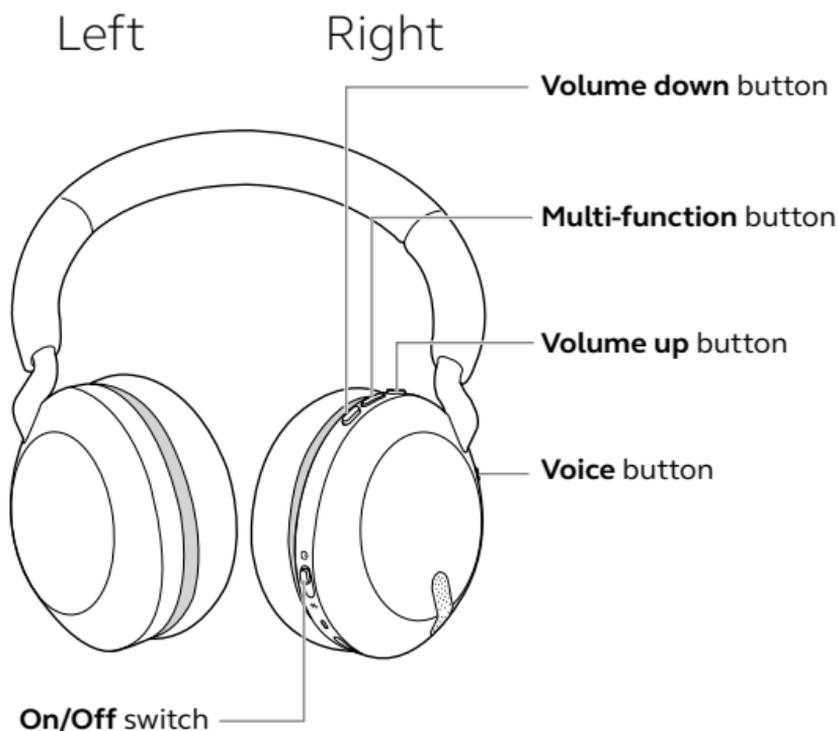
1. Slide the **On/Off** switch to the **Bluetooth** position and hold it there until the LED flashes blue and you hear an announcement in the headphones.

Right earcup



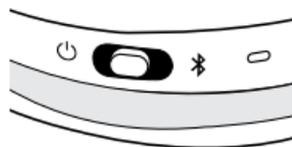
2. Go to the Bluetooth menu on your smartphone and select the Jabra Elite 45h from the list of available devices.

7. How to use

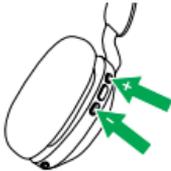


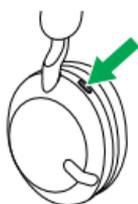
7.1 Power on/off

Slide the **On/Off** switch to the **On** or **Off** position to power the headphones on or off.



7.2 Calls & music

Right	Calls & music
	Play/pause music Press the Multi-function button
	Answer call Press the Multi-function button
	End call Press the Multi-function button
	Reject call Double-press the Multi-function button
	Adjust volume Press the Volume up or Volume down button, when listening to music or on a call
	Next track Press and hold (1 sec) the Volume up button
	Restart track or previous track Press and hold (1 sec) the Volume down button to restart the current track
	Press and hold twice to play the previous track
	Hear battery and connection status Press the Volume up or Volume down button, when not listening to music or on a call



Activate Voice Assistant (Siri, Google Assistant or Amazon Alexa)

Press the **Voice** button, when not on a call

Mute/un-mute microphone

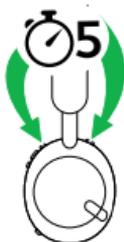
Press the **Voice** button, when on a call.

7.3 Voice guidance

Voice guidance are announcements that will guide you through set up, or will give you headphone status updates (e.g. connection and battery status).

Right

Voice guidance



Turn Voice guidance on/off

Press and hold (5 sec) the **Voice** button and the **Volume up** button until you hear an announcement

Alternatively, use the Jabra Sound+ app on your smartphone to turn Voice guidance on or off.

For the latest list of supported languages, refer to the Jabra Sound+ app.

7.4 Multiuse

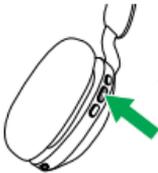
The headphones can be paired to two smartphones at once, and can accept multiple incoming calls from either smartphone.

To pair to two smartphones, use the normal pairing process separately for each smartphone (refer to section 6).

Note: Voice assistant will be activated on the last paired smartphone.

7.5 Multiple call handling

The headphones can accept and handle multiple calls at the same time.

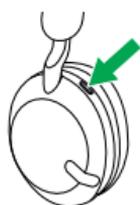
Right	Multiple call handling	
	End current call and answer incoming call	Press the Multi-function button
	Put current call on hold and answer incoming call	Hold (2 secs) the Multi-function button
	Switch between held call and active call	Hold (2 secs) the Multi-function button
	Reject incoming call, when on a call	Double-press the Multi-function button

7.6 Voice Assistant

The Jabra Elite 45h enables you to speak to Siri, Google Assistant or Amazon Alexa on your smartphone using the **Voice** button.

Right

Voice Assistant



Activate Voice Assistant (Siri, Google Assistant or Amazon Alexa)

Press the **Voice** button, when not on a call

7.7 Sidetone

Sidetone enables you to better hear your own voice when you are on a call.

Sidetone settings can be configured using the Jabra Sound+ app.

7.8 Update firmware

Firmware updates improve performance, or add new functionality to Jabra devices.

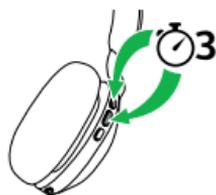
Download the Jabra Sound+ app for firmware updates.

7.9 How to reset

Resetting the headphones clears the list of paired devices and resets all settings.

Right

Reset headphones



Reset pairing list and settings

Ensure the headphones are powered on and you are not on a call. Then press and hold (3 sec) the **Multi-function** button and the **Volume up** button simultaneously until the LED lights up purple and you hear an announcement in the headphones

You will need to re-pair the headphones to your smartphone

8. Jabra Sound+ app



Jabra Sound+ app



Personalize your music and calls



Fine tune your music with MySound



Register for a 2-year warranty



9. Support

9.1 FAQ

View the FAQs on Jabra.com/help/elite45h

9.2 How to care for your headphones

- Always store the headphones in the supplied pouch.
- To prevent the depletion of the battery lifetime or capacity, avoid storing the headphones in hot or cold environments, such as a closed car in summer, or in winter conditions.
- When exposed to rain, allow the headphones sufficient time to dry. It may take up to one hour for the headphones to dry thoroughly and power on.
- It is recommended to store the headphones between -20°C and 55°C (-4°F and 131°F).
- Do not store the headphones for extended periods of time without recharging them (max. three months).

