



serenelife™

*SLMPDMSG88*

Full Body Massage Mat with Heat  
10 Motors Vibrating Massage Mattress Pad  
with 5 Heating Pads for Back Pain Relief, & Muscles Relaxation

***User Manual***

**Read all instructions carefully before using this product.  
Save these instructions for future reference.**

## **HOW TO USE THE MASSAGER**

### **Notes:**

1. Do not set up or use the massager in bathroom or similarly wet/damp areas as such an environment may reduce the lifespan of the massager mechanism.
2. Ensure the massager is not exposed to direct sunlight, or placed near heaters and other heat sources.
3. Do not use the product on any wooden surface as the zipper may scratch the surface.

### **Strapping System**

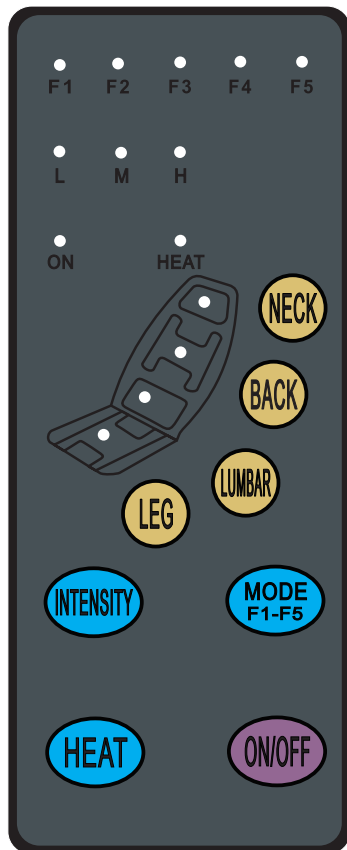
This massage mat incorporates a unique strapping system which allows you to fasten it to most any bed. Set the cushion in your seat and adhere the elastic straps firmly around the bed back. Your massager won't slide around.

### **For use in home or office**

Plug adaptor into 240 volt AC outlet and plug into the input jack, located along the side of the mattress. Attach the massage mat. Secure the massage mat straps over your bed to enjoy a relaxing massage.



## PARTS IDENTIFICATION



**<ON/OFF>- Power button:** Turns massager ON/OFF.

**<HEAT>- Heat button:** turns lumbar heater ON/OFF.

**<INTENSITY>- Intensity button:** Adjusts the strength of your massage.  
Choose from 4 levels of intensity.

**<MODE F1-F5>- Mode button:** Cycles through the 5 different massaging modes.  
**PULSATE/TAPPING/ROLLING/KNEADING/AUTO mode.**  
Auto mode will automatically change through the various massaging modes.

**<NECK/BACK/LUMBAR/LEG>- Isolating your massage:**  
Customize your massage areas by choosing to turn on/off the various parts of the massager, neck, back, lumbar and leg.

## **IMPORTANT SAFEGUARDS**

1. Always unplug the unit from the power source when the appliance is not use, or before cleaning.
2. Do not use while near water or in wet/ damp environments.
3. If the supply cord is damaged, it must be replace by a qualified person.
4. Before using ensure that the adaptors and the product are compatible with the power supply.
5. The appliance is not intended for use by young children are adequately supervised.
6. This appliance is not a toy please ensure the children are adequately supervised.
7. The adaptor must be removed from power socket before cleaning, servicing, and maintenance or before moving the appliance.
8. Do not insert any objects into the massager as this may cause damage to the internal workings.
9. Please ensure that the power cable is kept free from knots a kinds.
10. The unit has no user-serviceable parts contained within. Do not attempt to repair, disassemble or modify the appliance.

## **CLEANING AND MAINTENANCE**

1. Unplug the unit and allow it to cool before cleaning. Clean only with a soft, slightly damp sponge.  
Never allow the unit to become wet.
2. Do not immerse in any liquid to clean.
3. Never use abrasive cleaners, brushes, gasoline, kerosene, glass/ furniture polish or paint thinner for cleaning of this product.
4. Do not use chemicals or abrasive cleaners to clean the outside of the massager as these chemicals may damage the material.
5. The massager is intended for household use only.
6. Do not use the appliance for anything other than its intended use.
7. Do not use your appliance with an extension lead or switched timer.

8. Do not use your massager if it has malfunction. Or has been damaged in any way, have the appliance inspected by a qualified person.
9. If you have any concerns regarding your health, or suffering from an illness which may give you cause for concern, consult your doctor before using the product.
10. It is recommended that individuals fitted with pacemakers should consult their doctor before using this product.
11. Never cover the appliance when it is in operation.
12. Do not use the product for more that 15 minutes at a time.
13. Never use this product on swollen or inflamed areas or skin.
14. This product is a non-professional appliance designed to provide a soothing massage only.
15. Do not use this product as a substitute for medical attention.
16. Do not use this product before going to bed as massager has stimulating effect and may delay sleep.
17. Do not use the product while sleeping.
18. Do not use when folded.

## **GUARANTEE**

**This product is guaranteed for 12 months from the date of the original purchase. If any defect arises due to faulty materials or workmanship the faulty products must be returned to the place of purchase. Refunds or replacement is at the discretion of the store.**

### **The following conditions apply:**

1. The product must be returned to the retailer with the original proof of purchase.
2. The product must be installed and used in accordance with the instructions contained in this instruction guide.
3. It must be used only for domestic purposes.
4. It does not cover wear and tear, damage, misuse or consumable parts.

## Features:

- Infrared Soothing Heat Treatment
- Pre-programmed Timer
- Vibration Massage with 5 Program Modes
- 10 Vibration Massage Modes for Full Body
- 5 Massage Zones (Shoulder, Back, Lumbar, Leg, and Calf)
- Variable 3 Speeds Vibration Massage Intensity (Low, Medium, and High)
- Relax Muscles Pain and Tension
- Includes 5 Heat Pads to Relieve Stress and Fatigue
- Heat Pad can be Worked Independently
- Over Heating Protection System
- Soothes Warm to Further Relax Tension, Soreness Muscles, & Promote Blood Flow
- Flexible and Foldable Massage Mat
- 100% Soft Polyester and Foam Padding
- Easy to Operate by Corded Remote Controller
- Integrating Strap System to Secure Massage Pad in Place
- Can be Used on Bed, Sofa, Couch, Recliner and Chair to Feel Comfortable and Relaxed



### **What's in the Box:**

- Massage Mat
- 12V 2A UL Adapter

### **Technical Specs:**

- Construction Material: (Inner Material) High-Quality Foam,  
(Cover Material) High-Quality Black Spread Fabric with Sponge
- Intensity Level Selectable: Vibration Intensities (3),  
Electric Modes (5)
- Adjustable Time Settings: 15 Minutes
- Power Supply: 110/220V (12V 2A AC Power Adapter)
- Product Dimension (L x W x H): 69.2" x 23.2" x 1.38" -inches





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**Questions? Issues?**

We are here to help!

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