# Care and Cleaning

⚠ CAUTION: Always disconnect the plug from the electrical outlet and let the steam inhaler cool down for at least 20 minutes before cleaning.

#### After Each Use

- **1.** Remove Inhaler Hood and Vent Assembly and wipe dry with a clean cloth or paper towel.
- 2. If any water is left in the Water Reservoir, pour water out and wipe Reservoir and Base with a dry, clean cloth or paper towel. Never immerse the Base in water or other liquid.
- **3.** Replace Vent Assembly and Inhaler Hood; store in a cool dry place.

#### **Weekly Maintenance**

If your Steam Inhaler is used ten or more times a week or scale builds up in the Water Reservoir, follow these additional cleaning instructions:

- **1.** Remove Inhaler Hood and Vent Assembly.
- **2.** Pour two ounces of undiluted white vinegar into the Water Reservoir and let sit for 10 minutes.
- **3.** Empty the white vinegar and rinse out Water Reservoir with fresh, clean tap water.
- **4.** Dry the Water Reservoir and Base with a clean cloth or paper towel.
- **5.** Wash Inhaler Hood with mild soap and warm water then carefully rinse off all soap with fresh, clean tap water.
- **6.** Dry the Inhaler Hood with a clean cloth or paper towel.
- **7.** Replace Vent Assembly and Inhaler Hood. Store in a cool, dry place.

#### **After Long Periods of Non-Use**

If you haven't used your electric steam inhaler for two weeks or longer, follow the Weekly Maintenance Instructions before the next use.

#### **Important Note for Overseas Travelers**

The Vicks Steam Inhaler is compact. You can take it anywhere you go, even when traveling overseas. In fact, a change in your travel environment can often trigger just the type of respiratory ailments that the Vicks Steam Inhaler is designed to help relieve.

For travel, the Vicks Steam Inhaler has a dual voltage feature which automatically adjusts to the electrical supply from 120 volts to the 240 volt current found in many countries. You may, however, need a plug adapter in some countries. Your local luggage or hardware store can help you choose the right plug adapter for your travels.

## One Year Limited Warranty

You should first read all Instructions before attempting to use this product.

A. This 1 year limited warranty applies to repair or replacement of product found to be defective in material or workmanship. This warranty does not apply to damage resulting from commercial, abusive, unreasonable use or supplemental damage. Defects that are the result of normal wear and tear will not be considered manufacturing defects under this warranty. KAZ IS NOT LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES OF ANY NATURE, ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE ON THIS PRODUCT IS LIMITED IN DURATION TO THE DURATION OF THIS WARRANTY.

Some jurisdictions do not allow the exclusion or limitation of incidental or consequential damages or limitations on how long an implied warranty lasts, so the above limitations or exclusions may not apply to you. This warranty gives you specific legal rights, and you also may have other rights which vary from jurisdiction to jurisdiction. This warranty applies only to the original purchaser of this product from the original date of purchase.

**B.** At its option, Kaz will repair or replace this product if it is found to be defective in material or workmanship.

**C.** This warranty does not cover damage resulting from any unauthorized attempts to repair or from any use not in accordance with the instruction manual.

NOTE: IF YOU EXPERIENCE A PROBLEM, PLEASE CONTACT CONSUMER RELATIONS FIRST OR SEE YOUR WARRANTY. DO NOT RETURN THE PRODUCT TO THE ORIGINAL PLACE OF PURCHASE. DO NOT ATTEMPT TO OPEN THE MOTOR HOUSING YOURSELF, DOING SO MAY VOID YOUR WARRANTY AND CAUSE DAMAGE TO THE PRODUCT OR PERSONAL INJURY.

# Congratulations!

Your new steam inhaler provides all of the benefits of steam inhalation therapy at home, at the office or when traveling. Doctors recommend vapor therapy for symptomatic relief of cough, colds and congestion. The electric steam inhaler provides a steady flow of warm moist air directly to the nose and throat for quick relief of nasal, sinus and chest congestion, coughs and parched throat.

#### **How Vicks Steam Inhaler Helps**

Inhaling steam provides quick relief from cough and congestion. No medication, Vicks VapoSteam or Kaz Inhalant, should be added directly to the water reservoir of the steam inhaler.

#### Vicks VapoPads

Try Vicks VapoPads with your electric steam inhaler. These pads are designed to work with your inhaler to provide soothing menthol and eucalyptus vapors. Vicks VapoPads are available where Vicks Steam Inhalers are sold, or directly from Kaz at (800) 477-0457.

**Vicks VapoPads (VSP-19) Ingredients:** Eucalyptus Oil, Menthol, Glycol, Cedar Leaf Oil & Others

#### RECOMMENDED USAGE:

- Not recommended for infants under 10 pounds (4.5 kg)
- For children between 10-22 pounds (4.5 10 kg) **do not** use more than 2 pads in a 24 hour period

#### Kaz Inhalant Pads

Try Kaz Inhalant Pads with your electric steam inhaler. These pads are designed to work with your inhaler to provide soothing menthol and eucalyptus vapors.

**Kaz Inhalant Pads (KMP-6) Ingredients:** Glycol, Hercolyn D, Menthol Crystals, Camphor, Eucalyptus Oil & Others

#### RECOMMENDED USAGE:

• Not recommended for infants under 10 pounds (4.5 kg)

To maintain a healthful level of room humidity, the use of a Vicks humidifier or vaporizer is recommended to complement your use of the electric steam inhaler.

#### **Condition of Sale**

As a condition of sale, the purchaser assumes responsibility for the proper care and use of this appliance in accordance with our printed instructions. The purchaser or user must judge for himself or herself when to use it and length of use.

## Accessories

By ordering these special accessories, your steam inhaler becomes even more useful

#### Vicks VapoPads (VSP-19)

Vicks scent pads are designed to work with your inhaler to provide soothing menthol and eucalyptus vapors that compliment the benefits of vapor therapy.

#### Kaz Inhalant Pads (KMP-6)

Kaz Inhalant Pads are designed to work with your inhaler to provide soothing menthol and eucalyptus vapors that complement the benefits of vapor therapy.

## Consumer Relations

For questions, technical support or to order replacement parts, contact Consumer Relations.

Call us toll-free at: 1-800-VAPOR-1-2 (1-800-827-6712)

Hours: Mon-Fri 8:00AM-7:00PM EST

Contact us: www.VicksHumidifiers.com/contact-us
Or visit our website at: www.VicksHumidifiers.com

Please be sure to specify Model number V1200.

#### For Responsible recycling, please visit:

## RECYCLE W NATION

www.RecycleNation.com

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www.VicksHumidifiers.com

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# Steam Inhaler Personal Electric Inhaler

USE AND CARE MANUAL



This steam inhaler adds water vapor to the individual user enabling the user to breathe better and sleep more comfortably. If you have any questions about the operation of your Vicks Steam Inhaler, call our toll-free Consumer Relations line at 1-800-VAPOR-1-2 or e-mail us at www.VicksHumidifiers.com/contact-us.

### IMPORTANT!

31IM1200206R2

READ AND SAVE THESE INSTRUCTIONS

Model V1200

## **Important Safety Instructions**

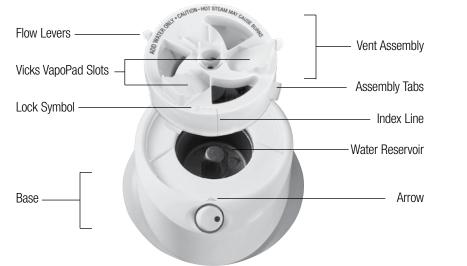
#### READ AND SAVE THESE IMPORTANT SAFETY INSTRUCTIONS BEFORE USING THIS APPLIANCE

When using electrical appliances, basic precautions should always be followed to reduce the risk of fire, electrical shock and injury to persons, including the following:

- 1. The appliance should always be placed on a firm, flat waterproof surface. Be sure the appliance is in a stable position and the power cord is out of the way to prevent the unit from being tipped over.
- CAUTION: Do not place on lap or lift in your hands while in operation and if the unit still
- 2. The appliance should not be left unattended. Keep out of reach of children.
- **3. Do not** use the appliance while bathing.
- **4. Do not** immerse in water or any other liquid. **Do not** overfill.
- **5. Never** move the appliance while in use. It can spill hot water if tilted or tipped over causing injury.
- **6. Do not** use appliance while sleepy or drowsy.
- **7. Do not** use in area where aerosol products are being used or where oxygen is being administered.
- **8.** Before using the appliance, extend the cord and inspect for any signs of damage. **Do not** use the unit if the cord has been damaged.
- **9.** The appliance has a polarized plug (one blade is wider than the other) as a safety feature. This plug will fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. **Do not** attempt to defeat this safety feature.
- **10.** To avoid fire or shock hazard, plug the appliance directly into a 120V AC electrical outlet.
- **11.** The appliance should always be unplugged and emptied when not in operation or while being cleaned. Shut off and unplug the appliance before moving. Do not move or tilt while in operation. Plug and unplug unit with dry hands. Never pull by the cord to unplug.
- **12. Do not** operate the appliance without water. Turn off and unplug when the unit is empty.
- 13. A CAUTION: to avoid the risk of fire, shock or personal injury, do not use an extension cord.
- **14.** Appliance requires regular cleaning. Refer to and follow cleaning instructions.
- **15.** Use this appliance only as described in this manual and only with attachments or accessories recommended.
- 16. Never add any medications or inhalant liquids to the Water Reservoir, such as Vicks VapoSteam or Kaz Inhalant.
- **17. Do not** operate outdoors. This appliance is intended for indoor use.
- **18. Do not** cover or insert objects into any openings in the unit.
- **19. Do not** attempt to repair or adjust any electrical or mechanical functions on this appliance. Doing so will void your warranty.
- **20.** For residential use only.
- 21. Do not lift the unit by the Inhaler Hood when in use or if water is still inside the unit.

## Electric Steam Inhaler





## **Using Your Electric Steam Inhaler**

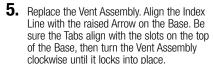
- 1. Fully unravel cord. Failure to do so could cause overheating and possible fire hazard. **Do not** use with extension cords. Place Inhaler on a flat, stable surface for use.
- 2. Remove Inhaler Hood.

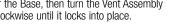


**3.** Turn the Vent Assembly counterclockwise until the Index Line is aligned with the Arrow on the top of the Base (just above the Switch). Note how the Tabs align with the slots in the Base. Lift the Vent Assembly straight up to remove it.



**4.** Using tap water, fill the Water Reservoir to just below the cup rim. Do not overfill. Use with water only. **Do not** add any medication or inhalant liquids, such as Vicks VapoSteam or Kaz Inhalant, to the Water Reservoir. An unsafe condition may result if anything is added to the water.





- **6.** Replace Inhaler Hood.
- **7.** Connect cord to electrical outlet. **Do not** use with extension cord. Press the On/Off Switch to the ON position. The Indicator Light will illuminate.
- **8.** The Steam Inhaler will take approximately 3-5 minutes to begin making steam.





Use caution, the water reservoir and water will become extremely hot.

- **9.** Move the Flow Levers counterclockwise for minimum steam flow. Place your face over the hood as pictured on the cover page. **Do not** rest your face on the Inhaler Hood because the soft plastic may bend, allowing steam to escape or causing the Inhaler to tip over and spill boiling water. Breathe normally through your nose and mouth, inhaling steam into your nasal and throat passages. Continue treatment for five to fifteen minutes (see next section for *How to* Regulate Steam Flow and Temperature).
- CAUTION: Never move or lift the Inhaler while it is in use. Do not remove the Inhaler Hood and Vent Assembly after turning ON the Inhaler. Steam is produced by boiling water; tilting can cause water spill and possible burns.
- **10.** When vapor therapy treatment is completed, move On/Off switch to the OFF position. The lamp will go out. Disconnect plug from electrical outlet. Allow the Steam Inhaler to cool before moving or refilling it (see Care and Cleaning section). **Do not** operate Steam Inhaler when empty.



# **How to Regulate Steam Flow and Temperature**

The Steam Inhaler features a patented adjustable Vent Assembly which allows you to use either of the Flow Levers to control the amount of steam you inhale as well as regulate temperature.

#### FOR MORE STEAM:

**1.** Move either Vent Lever clockwise toward the "HI" setting. More steam will increase the temperature; this setting will thus feel hotter.

#### FOR LESS STEAM:

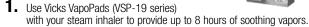
- 1. Move either Vent Lever counterclockwise for lower steam flow and temperature.
- 2. If the steam is still uncomfortably warm lift your face one or two inches above the Inhaler Hood and continue to inhale.



#### How to Use Scent Pads

The Steam Inhaler features a scent pad slot which allows for the use of Vicks VapoPads.

**Note:** Ensure that product is powered OFF before placing scent pad.



- **2.** Open VapoPad by tearing notch on pad bag. **Do not** touch pad with hands. If pad is touched **do not** rub face or eyes as it may cause irritation.
- **3.** Insert VapoPad with angled end facing downwards toward the steam inhaler vent.
- **4.** After 8 hours discard scent pad. To continue using scent pads, repeat steps 1-3.





