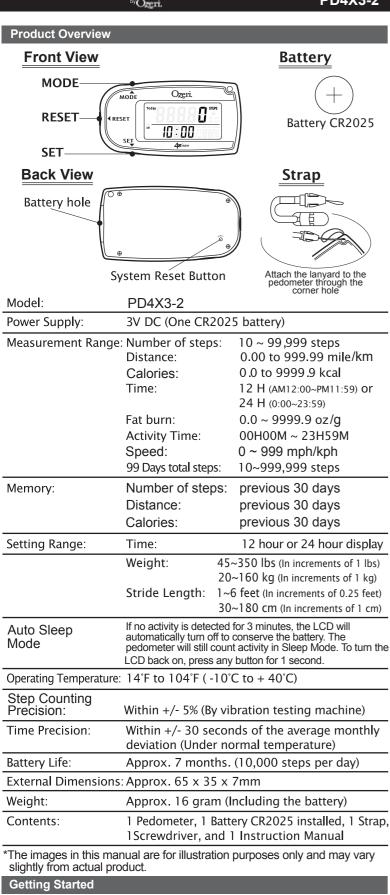


Tri-Axis (3D Motion) Pedometer PD4X3-2



Before using your 3D Pedometer for the first time (or after changing the battery), you will need to set it up so that it is personalized to you by following the instructions below.

- 1. Remove battery tab from the pedometer by pulling the tab outwards. This will automatically begin the setup process with the TIME screen.
- Program each screen using the Mode and Reset buttons to increase and decrease the digits respectively. Use the Set button to confirm each entry.
- If a button is not pressed within 60 seconds, the pedometer will exit Setup Mode and the screen will turn off. If this happens, apply a pin to the hole on the back of the pedometer to perform a System Reset.

## Programming your Pedometer:

- 1. TIME: Press MODE to switch from 24 HR and 12 HR clock display.
- Press **SET** to confirm entry. Continue to program HOUR and MIN as follows. Press **MODE** to advance by 1. For rapid advance, press and hold
- MODE for over 2 seconds. Press **RESET** to decrease by 1. For decrease rapidly, press and hold **RESET** for over 2 seconds.
- Press SET to confirm the TIME.

2. USA (Imperial) or International (Metric) Symbols: Press **MODE** to switch from Imperial to Metric units of measurement.

**NOTE:** Changing the unit of measurement will reset the pedometer's programming and delete all recorded exercise data.

3. STRIDE: After programming the **CLOCK**, the screen will flash the default STRIDE length (default value is 3 feet. Range is 1 to 6 feet). (default value is 70 cm. Range is 30 to 180 cm)

Press **MODE** to advance by 0.25 feet (or 1 cm). Press **RESET** to decrease by 0.25 feet (or 1 cm). To advance or decrease rapidly, press and hold **MODE** or **RESET** respectively for over 2 seconds. Press **SET** to confirm your STRIDE.

4. WEIGHT: After programming the CLOCK, the screen will advance to WEIGHT (default value is 150 lbs. Range is 45 to 350 lbs). (default value is 60 kg. Range is 20 to 160 kg)



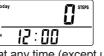
Press MODE to advance by 1 lbs (or 1 kg).

Press **RESET** to decrease by 1lbs (or 1 kg). To advance or decrease rapidly, press and hold **MODE** or **RESET** 

respectively for over 2 seconds.

Press **SET** to confirm your WEIGHT.

This completes the programming. Your pedometer will default to the **STEP** and **TIME** screen for TODAY.

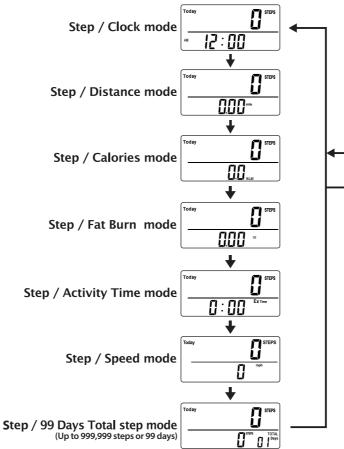


**NOTE:** The pedometer can be reprogrammed at any time (except under TOTAL STEPS & 30 days memory mode) by pressing SET for over 3 seconds. Reprogramming the pedometer will not erase the 30 Day and TOTAL STEP memory.

## Using your Pedometer

## • How to change the display

Press MODE to cycle through the Pedometer's data views.



## Memory Mode

Your pedometer can store up to 30 days of data for steps walked, calories consumed and distance traveled. At 12:00 a.m. the LCD resets to zero and the previous day's data is automatically stored in memory. Even though the daily memory is reset at midnight, the pedometer will still add each day's detailed data into its 30 day memory. In addition, the pedometer will also store the steps walked for up to 999,999 steps or 99 days on its **TOTAL** Step screen.

Viewing the data stored in memory:

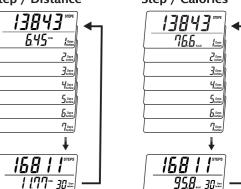
From either the **DISTANCE OR CALORIES** screen, press the **SET** button to view historical data.



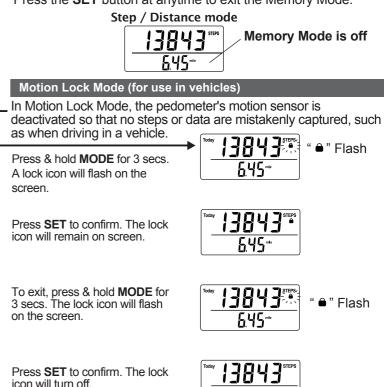
Once in Memory Mode, press the MODE button to between the STEP, CALORIES and DISTANCE screens.



Press the **RESET** button to cycle back into historical data by day. Step / Distance Step / Calories



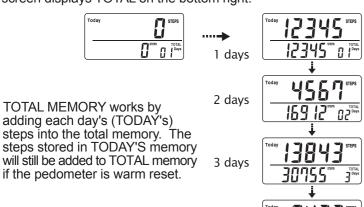
Press the SET button at anytime to exit the Memory Mode.



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## Total Memory Mode

Total Memory Mode shows the total steps captured for up to 99 days or 999,999 steps. Press the **MODE** button until the screen displays TOTAL on the bottom right.





**NOTE:** When the TOTAL MEMORY reaches 999,999 steps and/or 99 days, the pedometer will stop counting steps. A RESET must be performed from the TOTAL MEMORY screen. Please refer to the warm RESET instructions.

#### Reseting the Pedometer (warm reset)

From any of the following display views, press and hold the **RESET** button for over 5 seconds to reset the pedometer. All exercise data except TOTAL STEPS & 30 days memory will be reset to zero.



The STEP, CALORIES, FAT BURN, ACTIVITY TIME and DISTANCE will be reset to zero.

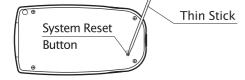
When the TOTAL MEMORY reaches 999,999 steps and/or 99 days, the pedometer will stop counting steps. A TOTAL MEMORY reset must be performed. Switch to the TOTAL MEMORY screen display, then press and hold the RESET button for 5 seconds. This will erase all exercise data stored in the pedometer (excluding TIME, STRIDE and WEIGHT setup data). Whereas a warm reset only erases exercise data, a cold reset erases all exercise and setup data stored in the pedometer, restoring the pedometer to its original factory set programming.

#### Performing a Cold Reset

A cold reset is required if all data needs to be deleted or if the display becomes unrecognizable.

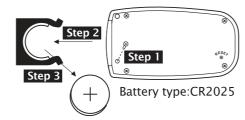
**NOTE:** To perform a cold reset, insert a blunted pin into the RESET hole on the back of the pedometer. The pedometer will have to be programmed before use. Please refer to Setup instructions.

The battery needs to be changed when the LCD begins to dim and the screen digits become difficult to read. Refer to the following diagram when changing the battery. p



### **Replacing the Battery**

- 1. Remove the screw from the back of the pedometer.
- 2. Pull the battery slot out of the pedometer.
- Replace the battery with a new CR2025 battery.



- 4. Program the TIME, STRIDE and WEIGHT as per the instructions in the GETTING STARTED section.
- **NOTE:** If the pedometer is not programmed after a cold reset, or if no activity is detected immediately after a cold reset, the pedometer will deactivate. Perform a cold reset again by inserting blunted pin into the hole on the back of the pedometer.
- **NOTE:** When changing the battery all current data stored under TODAY will be reset to 0. The pedometer will still retain 30 days of historical data as well as the TOTAL step memory.

Congratulations on your purchase of the 4x3razor Pedometer, by Ozeri. This pedometer is a great exercise tool that tracks the total number of steps you take and the total time you spend walking, along with the distance you walk and calories you burn. This pedometer's motion sensor is optimized to detect steps while walking. The data is tracked daily and the daily memory is automatically reset at midnight. Even though daily memory is reset at midnight, this pedometer will still add each day's data to the total memory, accumulating data for up to 99 days.

This pedometer uses a Lithium battery (CR2025 installed). It automatically powers off after 3 minutes of inactivity to preserve battery life. To change the battery please use the included mini-screwdriver. If you lose this screwdriver, any mini-screwdriver similar to the type used on eye glasses will work.

# Please remove the battery insulation tab before attempting to use the Pedometer for the first time.

When setting up your pedometer for the first time, you will need to enter your walking stride [the distance between your steps]. To measure your stride, it is recommended that you calculate an average in the following way: Walk 10 steps notating your starting position and ending position. Measure the distance between your starting and ending position. Divide this total distance by 10 to get your average stride. For example, if the total distance you walked over 10 steps is 330 inches, your average stride would be 33 inches (or 2.75 feet). Note: To ensure accuracy, this pedometer will not begin counting steps until it detects motion resembling approximately 10 continuous steps. This pedometer may not accurately count steps in the following conditions:

- When the unit moves irregularly. This can occur when the pedometer is changing its orientation, such as when loose in a purse or bag, or if hanging from a belt.
- When walking at an inconsistent pace. This can occur when wearing shuffles or sandals, or when you are constantly stopping such as in a crowded place.
- During Up and Down movement. This can occur when exercising in ways other than walking, or when ascending or descending on a steep staircase.

#### WARNINGS – PLEASE READ FIRST AND KEEP THIS MANUAL FOR FUTURE USE

- This pedometer is not a toy. Keep this pedometer away from children. The pedometer contains small pieces that can be swallowed. The pedometer's lanyard can cause strangulation.
- Always contact your healthcare provider before undertaking a weight loss or exercise regimen.

- Operate this unit only as intended.
- Do not swing the pedometer by the lanyard. Doing so may cause injury.
- Be careful when placing the pedometer in your shorts or trousers not to sit on it while it is still in your pocket. This may damage the pedometer.
- When replacing the batteries, please ensure that the batteries are correctly aligned by polarity (+/-).
- It is recommended that the battery be removed if this device will not be used for an extended period of time.
- Do not dispose of battery in a fire. This may cause an explosion. Dispose of battery at your local recycling center to avoid pollution and unlawful disposal.
- · Do not expose this product to rain or extreme conditions.
- Do not attempt to disassemble this product. It has no serviceable parts.
- This product is battery operated. Improper use of this product may cause battery to leak or explode, which may cause personal injury. If contact is made with a leaking battery, immediately flush affected area with running water and contact your local poison control center or seek medical attention. You may also call the National Battery Hotline at 202 625-3333.

## WARRANTY INFORMATION

Your 4x<sup>3</sup>razor Pedometer, by Ozeri is warranted to the original owner for 1 year from the date of purchase against defects in material and workmanship under normal use and service. Should your Pedometer prove defective within 1 year from the date of purchase, return the defective product, freight prepaid along with an explanation of the claim to "Ozeri." Please pack your Pedometer carefully to avoid damages in transit. Under this warranty, Ozeri will repair or replace any parts found to be defective due to a manufacturer's defect.

This warranty extends only to personal use and does not extend to any product that has been used for commercial use, rental use, or use which is not intended. There are no warranties other than that expressly set forth herein. This warranty is not transferable.

Ozeri is not responsible in any way for damages, losses or inconveniences caused by equipment failure or by user negligence, abuse, or use not in accordance with the "User Guide" or any additional safety, use, or warnings included in the product materials. Further, Ozeri is not liable for incidental or consequential damages of any nature resulting from the use of this product and any liability shall not exceed the purchase price of the product.

This Warranty gives you specific legal rights. You may also have other rights which vary from state to state.

## THIS WARRANTY DOES NOT APPLY TO THE FOLLOWING

- Damage due to accident, misuse, abuse, alterations or vandalism.
- Improper or inadequate maintenance.
- Unauthorized modification or commercial use.
- Damage in return transit
- Unsupervised use by children

Ozeri Customer Service: Phone: 1-877-299-1296 Email: support@ozeri.com

(Ozeri<sup>™</sup> and its subsidiaries assume no liability for damage caused by the use of the Pedometer other than for its intended use or as instructed above and in the User Manual.)