

Smart Watch User Manual



Welcome to use our high performance smart watch, which will bring you an intimate fitness experience.

Device Maintenance

When maintenance for your watch, keep these tips in mind:

- Regularly clean the watchband, especially the inside of the watchband needs to be kept dry.
- Adjust the tightness of the watchband to ensure air circulation.
- Do not use excessive skincare products on the wrist wearing the watchband.
- Please stop wearing if skin irritation or discomfort.

Schematic Diagram of the Smart Watch Host



Power-on

Long press the side button for 3 seconds or plug in the magnetic charging cable to charge and turn on.



Smart Watch APP Download and Binding

1. Download and install the APP

Scan the QR code with your mobile phone to download the APP.

Select App Store for IOS system, search and download the "Da Fit" APP.

The Android system can choose the application market to download and install the " Da Fit " APP, or scan the QR code to download. During the installation of the APP, all pop-ups need to be allowed.



Da Fit

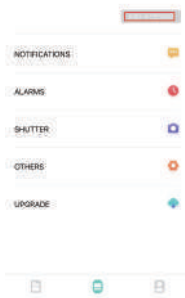
Note: The mobile phone must support Android 5.1 or IOS 8.0 or above, Bluetooth version 4.0 and above.

APP Binding Smart Watch

1. Click "Add Device" to bind the smart watch.
2. Click your device in the scanned device list.

1

You haven't bound the device

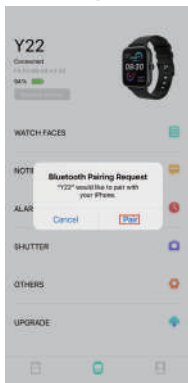


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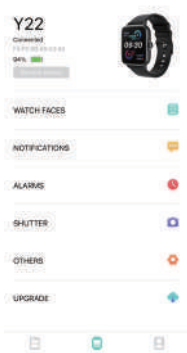


3. The IOS system will show a Bluetooth pairing request and you can click on Bluetooth "Pairing" to confirm. Connect it directly to the Android system.
4. Successfully bound.

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Bluetooth Call Connect

Android: After the APP successfully connects to the watch's Bluetooth.

1. The phone will automatically pop up a "pairing" request, click "Allow".
2. For some brands of mobile phone models, there is no need to pop up the pairing confirmation permission. After connecting to Bluetooth, the call function is also directly connected. After the binding is successful, you can answer and make calls on the watch.

iPhone: Enter into Settings – Bluetooth, search device and connect pair (Y22_Phone). After pairing successfully, you can make a call/answer incoming calls.

Remove Bluetooth Call Connection

Android: For the Android mobile phone, the device can be disconnected from your mobile phone by simply clicking on Remove device.

iPhone: Firstly, users need to dismiss pair, then enter into mobile phone Setting – Bluetooth, find Y22_Phone, click the icon on the right, ignore the device, watch and mobile phones are disconnected.

Introduction of Smart Watch Functions

Power-on Status

Switch the menu interfaces of main screen, as the interfaces shown in the following:



Remove Device

For the Android mobile phone, the device can be disconnected from your mobile phone by simply clicking on the "Remove Device".

For Apple mobile phone after binding removal, you need to click on the symbol on the right in Setting- Bluetooth, and choose to ignore the device. As shown below:

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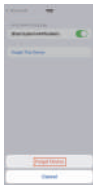
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Frequently Asked Questions (FAQs)

1. Why does the smart bracelet automatically disconnect Bluetooth when the Android screen goes out?

1 > Lock background APP. When the Da Fit process is cleared, the smart watch will be disconnected from the mobile phone.

2 > Set APP self-startup

3 > Unrestricted background operation. The Android mobile phone installed with APP intelligently restricts the background operation by default, and App should be set manually without any restriction.

2. Why cannot the smart watch receive message push?

1 > Please confirm that you have turned on the switch for message push at the mobile phone client.

2 > Please confirm that messages can be displayed normally in the mobile phone notification bar. The message push on the smart watch is completed

by reading the message from the mobile phone notification bar. The smart watch will not receive the message push if there is no message in the mobile phone notification bar. (You need to find notification settings in the mobile phone settings, and turn on the notification switch of WeChat, QQ, Call, SMS and mobile phone client).
3 > Turn on the mobile phone --- Settings. Enter "Notification use right" on the top search box, re-open "Da Fit".

3. Why can't take a hot bath with the smart watch?

infiltrates into the smart watch from the shell gap. When the temperature drops, the vapor will condense into liquid droplets, which can easily cause a short circuit inside the smart watch, damage the circuit board, and then damage the smart watch.



Warning

Please consult your doctor before you take a new sport. The smart watch should not be used for any medical purpose though it may dynamically monitor the heart rate in real-time.